

The study of *Judo-kappo*

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Correlative study of *Sappo* and *Kappo*. -From *Waza*(technique) of *TenjinShinyo-Ryu*.-

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Introduction

Jigoro Kano learned *Jujutsu* from *Fukuda* and *Iso* 's schools of *TenjinShinyo-Ryu*.

Later he introduced *jujutsu* (*TenjinShinyo-Ryu* and *Kito-Ryu*) as “JUDO”, and founded *Kodokan-Judo*.

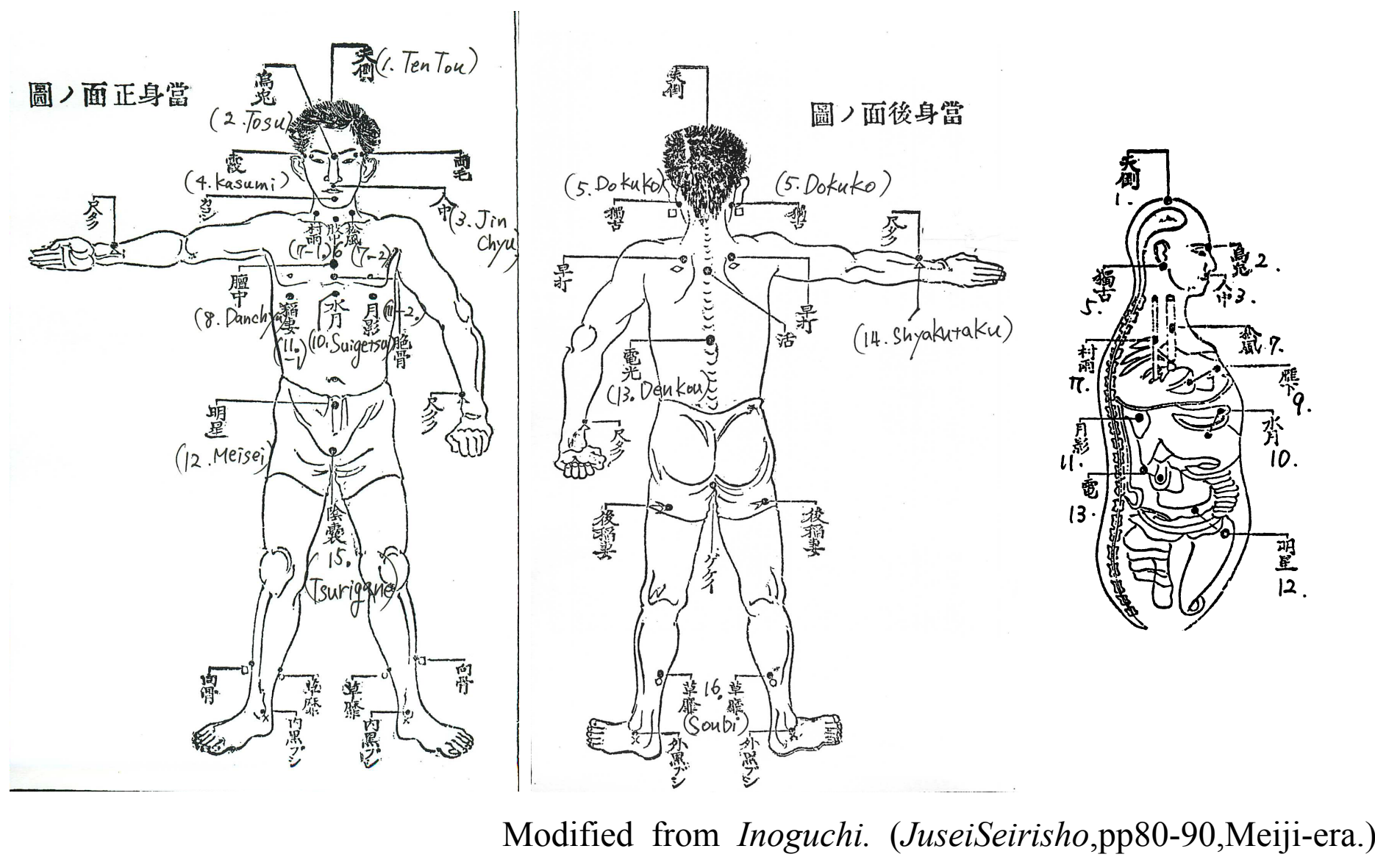
Jujutsu was a form of physical and mental training and self-defense with minimal use of weapons. The *Sengoku-Bushi* period of Japan begun, and at that time the warriors practiced Budo (several martial-arts). They had acquired their skills to beat an enemy. *Iso*'s *TenjinShinyo-Ryu* in particular, developed the striking techniques (*Atemi*) of striking or kicking of physiologically weak points and the meridians in the body.

Object

The purpose of this study was to clarify the *jujutsu* technique. These weren't only the *atemi*, *shime* and joint lock but also the healing, *Seikotsu* and the cardiopulmonary resuscitation (*Katsu*) includeing “CPR”. The healing and seikotsu are parts of judo therapy and another is CPR now a day. We think all these are judo-kappo. We

considered correlation of Sappo and Kappo in this paper.

Figure.1 *Atemi* points of *TenjinShinyo-Ryu*.



Results

We found that the *Atemi*-points were the same as the *Waza*-points. For example, the *Atemi*-points to be called *Suigetsu*[Figure.1-No.10] to be called *Suigetsu*. And it's skill to be named *Suigetsu*. [Figure.1]

Moreover *kappo* is the art of survival. Both martial arts were correspondingly used by great warriors during the Warring States period. Today, *kappo* is a part of the medical system. However, in those times *kappo* was used by warriors, and therefore considered a martial art. In other words *kappo* was one of the alternative techniques of “Sappo” martial arts.

Categorization of *Sappo* and *Kappo*

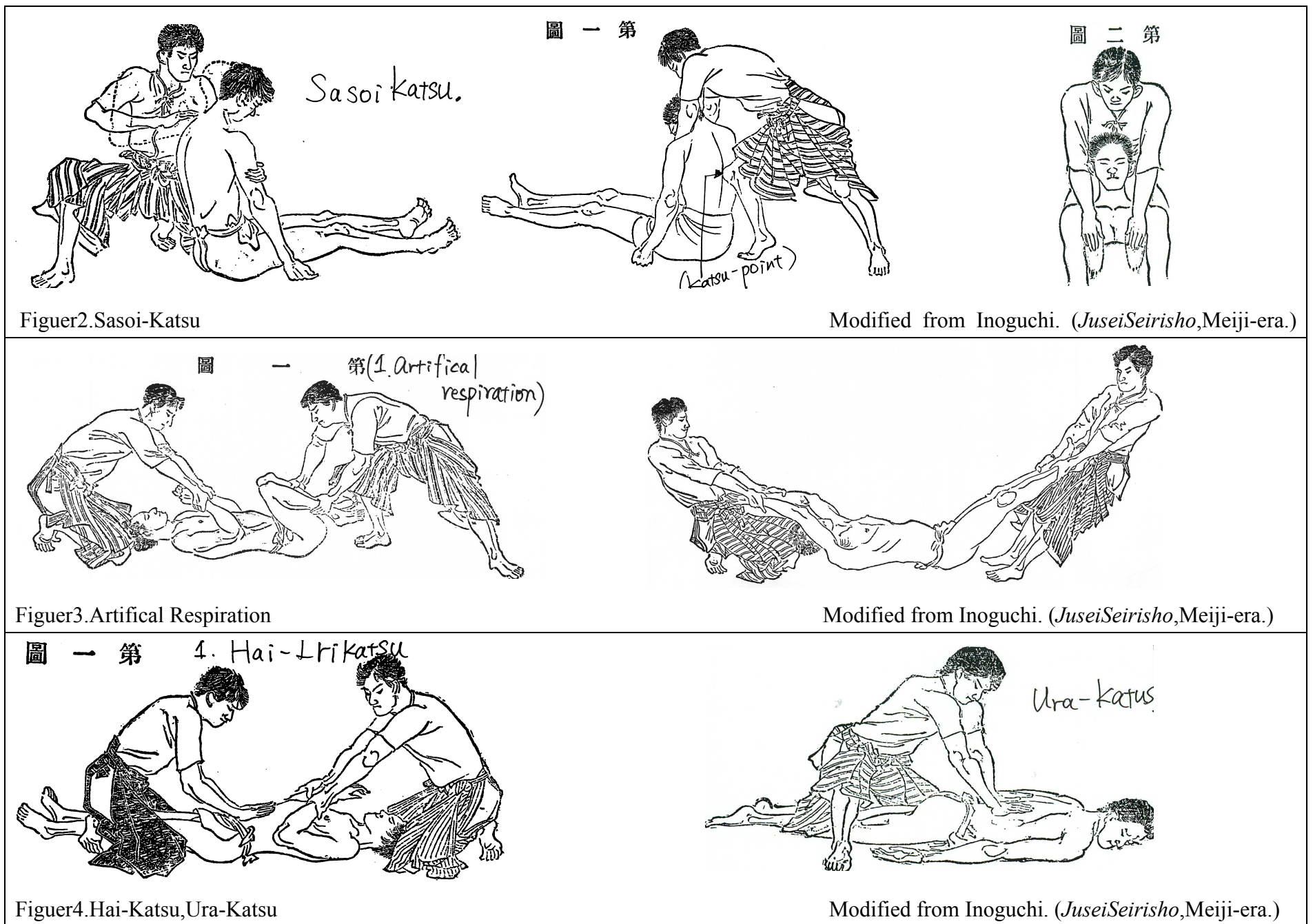
We classified the relationship of *Sappo*(*Waza*) and *Kappo* (The medical techniques in *Budo*.) Furthermore we listed the potential symptoms by the *Waza* (*Atemi*). [Table 1.]

Table 1. Clarifying *Sappo-Kappo*

| No.[Figuer1] | <i>Waza</i> (<i>Sappo</i>) | Physical reaction (Symptoms) | <i>Kappo</i> |
|--------------|--------------------------------------|--|--|
| 1 | Tentou | Concussion (Faint) | × |
| 2 | Tosu | Concussion (Faint) | × |
| 3 | Jinchyu | Concussion (Faint) | × |
| 4 | Kasumi | Faint | × |
| 5 | Dokuko | Faint | × |
| 6 | Shichyu | Trachea→Ochi | Sasoi-Katsu[Fig.2],Eri-Katsu |
| 7 | Murasame (Right) Matsukaze (Left) | Subclavian artery →Ochi | Sasoi-Katsu[Fig.2],Eri-Katsu |
| 8 | Danchyu | Breathing stop →Faint (Ochi) | Artifical Respiration[Fig.3] Sasoi-Katsu[Fig.2],Sode-Katsu, Hai-Katsu[Fig.4] |
| 9 | Ganka | Meridian (e.g.in acupuncture) Hai,Shin→Ochi | Sasoi-Katus[Fig.2] |
| 10 | Suigetsu | Meridian,Brain,Pulse→ Faint(Ochi) | × |
| 11 | Inazuma(Right) Tukikage(Left) | Meridian Tan→Ochi Meridian Kan→Ochi | Hai-Katsu[Fig.4] Hai-Katsu[Fig.4],Kikai-Katsu |
| 12 | Seimei | Meridian Daichyo,Shyochyo,Boukou →Ochi | Hai-Katsu[Fig.4] |
| 13 | Denkou | Meridian Hai→Ochi | Hai-Katsu[Fig.4],Kikai-Katsu,Ura-Katsu |
| 14 | Shyakutaku | Pain | × |
| 15 | Soubi | Tibial nerve→Ochi | Ura-Katsu[Fig.4],Hai-Katsu,Eri-Katsu |
| 16 | Tsurigane | Kinteki→Faint(Ochi) | Innou-Katsu,Hai-Katsu,Eri-Katsu |

Modified from Inoguchi. (*JuseiSeirisho*,Meiji-era.)

We founded that “*ochi*” occurred not only the choking techniques (*shime-waza*) but also *Atemi-waza*. In addition, we are able to know about the healing for *Ochi*, used *Judo-kappo*(*Katsu*) [Figure2.3.4.]a selectively.



In conclusion,

1. *Kappo* is *budo* as well as *sappo*. It was founded that the techniques and training methods were used have generally been inherited from *TenjinShinyo-Ryu*. Moreover it was a special technique of *kappo*, when *Kaiden* (proficient in *Jujutsu*) was introduced. It was provided from a teacher into pupils (words to mouth).
2. Striking technique (*Atemi*) leads to *Ochi*. And we could arrange the technique of *Ochi* (*sappo*) and illustration of *Katsu* (*kappo*).[Figuer2.3.4.]
3. We found clear importance of *atemi* by taking into account “*sappo-kappo*” using historical document *JujutsuSeirisho*. [M.Inoguchi,1890.] *Atemi-point* also a treatment-point. Both techniques were the points of the Chinese medicine (*Tsubo*). This information may provide you with judo and medical development.